

LIMITED
OFFER

REGYMEN

FITNESS

**GRAND RE-OPENING
SPECIAL**

\$59.50/BI-WEEKLY

First 100 Members to join! ↴



BURN



BOX



BUILD



RUMBLE



BLAST



SCAN ME

3049 Vineville Ave (Across from Jim Shaw's Seafood)



CONTACT US TODAY!

478-475-0111

WHAT REGYMEN IS ALL ABOUT

Fun, HIIT-inspired workouts proven to help you lose more weight than going at it alone.

Personal coaching and unpredictable routines. Our, BURN, BUILD, and BOX platforms transform you into a lean, mean fat torching machine.

Workouts backed by heart rate science, enhanced by technology and completely focused on you and the measurable results you deserve.

An amazing community overflowing with support and encouragement: we work together, burn together, and help one another achieve greatness and realize our never-ending potential.

BURN
YOUR FIRST
1,000
CALORIES
ON US!

DISRUPT YOUR ROUTINE

NEW

Locker rooms, showers and newly designed gym layout!

FOR YOUR TWO
FREE
WORKOUTS
CALL TODAY!

(478) 475-0111